

Senior Commission Minutes
December 03, 2018

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, NOVEMBER 05, 2018
BEGINNING AT 3:30 P.M. Hillview Community Center
97 HILLVIEW AVE, Los Altos, CA**

ESTABLISH QUORUM

PRESENT: Commissioners Murray, Harding, Basiji, Torbeck O'Reilly, Vincent, Yu

ABSENT:

PLEDGE OF ALLEGIANCE

Chair Harding led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – October 01, 2018

Upon a motion by Commissioner Basiji, seconded by Commissioner Torbeck. 7 Commissioners approved the minutes of October 01, 2018.

INFORMATION ITEMS

1. Senior Expo

Action: None

Discussion:

Commissioner Murray gave updates about the upcoming Senior Expo that will be taking place March 22nd at LAYC (Los Altos Youth Center). The topic is "Let's Get Engaged". Here is a list of some of the groups that are going to be invited to participate in the upcoming expo: Faith Based Organizations in Los Altos, Club 55, Rotary Club, Roadrunners, etc. Regular updates will be reported out at each upcoming Senior Commission Meeting.

2. Discuss Nutrition/Food as Subcommittee

Public Comment: None

Action: None

Discussion:

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Chair Harding recalls that this topic came up as more of a chapter in the resource binder. Information is already provided in the binder for seniors to locate nutritional programs.

3 Discuss Outreach, becoming Outreach & Social Participation as a Subcommittee

Public Comment: None

Action: None

Discussion: It was decided for members that are already on the Outreach Subcommittee to meet and discuss upcoming projects that need to be addressed.

4 Update on Grant Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to Grant.

5 Update on Hillview Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to the Hillview Community Center Project. Commissioner Murray mentioned that there will be an update in early December.

6. Receive information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

Hike in the Hills hosted by the Parks and Recreation Department on November 17th at 10:00 am. 2.5 miles starting from Westwind Community Barn, 27210 Altamont Road, Los Altos Hills, CA 94022.

Preparing Your Estate Plan Thursday, November 29th 11-Noon at Town Hall, Council Chambers.

Our next Monthly Senior Walks are scheduled for November 6th and December 4th at 10:00 am leaving from Town Hall. Wrapping up at 11:00 am.

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Barn Lighting at Westwind Community Barn will take place on Sunday, December 2nd from 2-5 pm. Crafts, Cider, Cookies, Wine tasting, petting zoo, pony rides, and visits with Santa.

Teaching Seniors Technology Thursday, December 6th from 4:00-5:00 pm at Town Hall. To book your appointment contact <http://seniortech.cf/?i=1>.

Chamber Music Concert featuring Telegraph Quartet will be held Saturday, December 8th from 7:30-9 pm. Get your tickets before they sell out. Refreshments will follow the concert. Register on the Town's website: \$25 \$20 for Los Altos Hills residents.

Calligraphy Workshop Thursday, December 13th and Parks and Recreation Building for \$65.

Caroling in the Hills Thursday, December 20th from 7:30-9 pm. Meet at Town Hall in the Parks and Recreation Building for warm up, cider, and cookies.

Technology for Seniors will be held on Saturday, January 12th from 9:00-Noon. To register contact srobustelli@losaltoshills.ca.gov.

City of Los Altos:

November 16th

Join us on this day for a very special Thanksgiving Lunch that will be taking place at the Hillview Multi-Purpose Room at 11:00am. For entertainment we will be playing "Name The Tune". Prizes Galore!

Gingerbread meet Gum Drops, Lollipops and Candy Galore get ready for all the fun that is in store! It's the Gingerbread House Exhibit that's coming to town. Join the masses in applying to show your creation. Applications may be found online at <https://www.losaltosca.gov/recreation/page/gingerbread-house-exhibit>

or pick up an application at the Recreation Office (97 Hillview Avenue, Los Altos, CA 94022). The Exhibit will be held Tuesday, November 27, 2018 - 9:00am to Thursday, December 6, 2018.

December 4th

We will be having our festive 2nd Annual Tree Lighting with a new addition of Cookies With Santa. This event will be taking place at the Hillview Community Center Senior Center in Rooms 10, 11, 12 from 5:00pm to 7:00pm. Entertainment Includes the following: Cookies with Santa, Gingerbread House Exhibit, Lyric Victorian Carolers and Bel Canto Flute Choir. Refreshments provided by the Los Altos Sunset Rotary and The Los Altos Senior Center.

Grant

November 7th

Andy Galea-Los Altos Police Chief will be coming to speak about understanding ordinances, crime update and crime prevention. This activity will take place at 12:30pm in the Main Hall.

November 21st

Christine Moore and Gina Cali from the SCC Disaster Preparedness organization will be coming to speak about the Bay Area disaster risks and how to prepare. This activity will take place at 12:30pm

in the Main Hall.

COMMISSIONERS' REPORTS AND COMENTS

Community Center Subcommittee

Action -None

No report

Outreach Subcommittee

Action- None

No report

Transportation Subcommittee

Action- None

No report

Commissioner O'Reilly talked about the On-Demand Ride Share program and wanted to know if the program could expand outside of Los Altos to clinics or hospitals. Commissioner O'Reilly is going to check with Manny Hernandez when they meet on Friday, December 08th.

Health and Safety Committee

Action- None

No report

Age Friendly Subcommittee

Action-None

Commissioner Murray discussed an update about the Senior Expo earlier in the meeting.

Online Resource Library Subcommittee

Action- None

No report

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

Senior Expo, Spring Fling

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ADJOURNMENT – 4:05pm
Chair Harding adjourned the meeting.